

SUN  
11 AUG 2019  
16:25

**3000m Steeplechase Men**
**Final**
**Start List**

<b>EUROPEAN RECORD</b>	<b>8:00.09</b>	<b>MEKHISSI-BENABBAD Mahiedine</b>	FRA	Saint-Denis (FRA)	6 JUL 2013
<b>CHAMPIONSHIP RECORD</b>	<b>8:25.50</b>	<b>KOWAL Yoann</b>	FRA	Braunschweig (GER)	22 JUN 2014

Order	Bib	Name	Ctry Code	Date of Birth	PB	SB
1	39	KOVÁR Jáchym Czech Republic	CZE	25 MAY 1996	9:01.97	9:01.97
2	211	GRAU Martin Germany	GER	26 MAR 1992	8:24.29	8:33.84
3	140	KOWAL Yoann France	FRA	28 MAY 1987	8:12.53	8:26.16
4	192	SEDDON Zak Great Britain & Northern Ireland	GBR	28 JUN 1994	8:21.28	8:21.28
5	421	SOLOMON Napoleon Sweden	SWE	14 FEB 1994	8:23.54	8:32.36
6	117	RAITANEN Topi Finland	FIN	7 FEB 1996	8:21.47	8:21.47
7	365	GRAF Christoph Switzerland	SUI	26 JUN 1993	8:49.42	9:03.96
8	350	ZALEWSKI Krystian Poland	POL	11 APR 1989	8:16.20	8:44.43
9	257	SÁKIS Nikólaos Greece	GRE	14 DEC 1999	8:59.58	9:03.67
10	58	CARRO Fernando Spain	ESP	1 APR 1992	8:05.69	8:05.69
11	440	KOVAL Vasyl Ukraine	UKR	11 NOV 1989	8:38.98	8:40.98
12	265	ABDELWAHED Ahmed Italy	ITA	26 MAY 1996	8:26.02	8:31.56

**All Time Best European Performers**

8:00.09	MEKHISSI-B. M	FRA	Saint-Denis (FRA)	6 JUL 2013
8:01.18	TAHRI Bouabdellah	FRA	Berlin (GER)	18 AUG 2009
8:04.95	VROEMEN Simon	NED	Bruxelles (BEL)	26 AUG 2005
8:05.69	CARRO Fernando	ESP	Monaco (MON)	12 JUL 2019
8:05.75	MOHAMED Mustafa	SWE	Heusden (BEL)	28 JUL 2007
8:07.44	MARTÍN Luís Miguel	ESP	Bruxelles (BEL)	30 AUG 2002
8:07.62	MAHMOUD Joseph	FRA	Bruxelles (BEL)	24 AUG 1984
8:07.96	ROWLAND Mark	GBR	Seoul (KOR)	30 SEP 1988
8:08.02	GÄRDERUD Anders	SWE	Montréal (CAN)	28 JUL 1976
8:08.57	PANETTA Francesco	ITA	Roma (ITA)	5 SEP 1987

**2019 Best European Performers**

8:05.69	CARRO Fernando	ESP	Monaco (MON)	12 JUL
8:09.47	BEDRANI Djilali	FRA	Monaco (MON)	12 JUL
8:20.16	ARCE Daniel	ESP	Roma (ITA)	6 JUN
8:20.88	ZOGLHAMI Osama	ITA	Roma (ITA)	6 JUN
8:21.28	SEDDON Zak	GBR	Roma (ITA)	6 JUN
8:21.47	RAITANEN Topi	FIN	Turku (FIN)	11 JUN
8:23.11	YAKUSHEV Maksim	RUS	Sochi (RUS)	28 MAY
8:23.36	EZZAYDOUNY I	ESP	Roma (ITA)	6 JUN
8:24.14	PLOKHOTNIKOV K	RUS	Kaluga (RUS)	15 JUN
8:24.26	CHIAPPINELLI Y	ITA	Roma (ITA)	6 JUN

**Legend:**
**PB** Personal Best      **SB** Season Best

**OFFICIAL PARTNERS**
