



LEN EUROPEAN SHORT COURSE
SWIMMING CHAMPIONSHIPS 2019

Bulletin 2

LEN EUROPEAN SHORT COURSE
SWIMMING CHAMPIONSHIPS 2019

Tollcross International Swimming Centre
4 - 8 December 2019

Key Dates and Deadlines

Final Entries and Accreditation deadline

25 November 2019

Athlete Training

Sunday 1 December – Tuesday 3 December 2019

Official Championships Period

Wednesday 4 December – Sunday 8 December 2019

Team Leader Meeting

Tuesday 3 December 15:00

Technical Officials Meeting

Tuesday 3 December 17:00

FINA Approval

The LEN European Short Course Swimming Championships 2019, 4-8 December 2019 - Glasgow, Scotland (GBR) has approval from FINA in accordance with FINA Rule BL-12.

Opening Ceremony

Wednesday 4 December, prior to Finals Session

Team Guide Publication

Released November 2019 (One printed copy per Federation will be available from the sport information desk at the competition venue on arrival)

Accommodation booking system

closes: Friday 1 November 2019

Accommodation payment deadlines

Full Balance Due: Friday 8 November 2019

Accreditation

All applications for accreditation will be submitted through the Microplus online system. Log in credentials are those issued for the Preliminary Entry process.

Federations must submit accreditation data for any athlete or member of team staff with the potential to compete or attend the LEN European Short Course Swimming Championships 2019. Accreditation will only be printed for persons listed in the Microplus system at the final entry deadline of Monday 25 November 2019.

Any changes to team staff following this point must be communicated to LEN for approval. LEN will then pass the information onto the organising committee. Accreditation will only be distributed once a passport has been presented.

Final entries

Final entries are to be submitted using the same Microplus online system as used for accreditation. Deadlines for the submission of final entries are as follows and are in line with LEN General Event Rules E17.4.

The deadline for Final entries is Monday 25 November 2019.

Visa information

Valid passports are required for all athletes and team staff. This will be used for valid entry into the UK and for collecting Accreditation once in Glasgow. Please check if you require a Visa to travel to the UK by visiting <https://www.gov.uk/check-uk-visa>.

We recommend to apply well in advance of the event, minimum of two (2) months prior to the Championships and ensure passports are up to date. Further information on UK visas can be found here: <https://www.gov.uk/apply-to-come-to-the-uk>. To apply for a visa follow this link: <https://visas-immigration.service.gov.uk/product/uk-visit-visa>

Current information on Brexit and how it could affect travel to/from the UK can be found here: <https://www.gov.uk/guidance/visiting-the-uk-after-brexit>. If an official letter of invitation and entry confirmation is required, please contact the Local Organising Committee by emailing sportG2019ESC@swimming.org as soon as possible.

Doctors' Licence

Registration of team medical staff

In order to practise medicine in the UK, doctors must be registered with a licence to practise with the General Medical Council (GMC). This includes all doctors visiting from overseas and from Europe on a temporary basis. All team doctors accompanying their teams for the Championships must therefore hold a licence to practise in order to be permitted to treat, diagnose and/or prescribe for their team. Further information on the registration process can be found on the GMC website <https://www.gmc-uk.org/registration-and-licensing/the-medical-register/information-for-sports-events>. Doctors are advised to apply within 60 days of the event.

Please note that this type of registration does not permit visiting doctors to treat UK nationals. This temporary registration for team doctors does not include any medical malpractice or professional indemnity insurance. Team doctors are strongly advised to ensure that they are covered by their usual insurance provider.

Bringing medications into the UK

Medication for personal use

Athletes and team personnel who are taking regular medication should ensure that they have enough medication for the duration of their stay in the UK. Medicines should be kept in their original packaging, with the pharmacy dispensing label showing the patient's name. It is advisable to also have a copy of the prescription available.

If any of the medicines contain a "controlled" drug then further documentation may be required – see www.gov.uk/travelling-controlled-drugs for more information.

The list of controlled substances can be found at: www.gov.uk/government/publications/controlled-drugs-list-2/list-of-most-commonly-encountered-drugs-currently-controlled-under-the-misuse-of-drugs-legislation. Athletes should note that any drug listed in Schedule 1 may not be brought into the country.

Medication for team use

Team personnel bringing medicines into the UK for use by their team should ensure that they have a letter from their Federation, relevant government department, embassy or consulate, confirming that they are the individual responsible for medicines for their team. This letter should contain the following:

- Name, address and date of birth of person designated as responsible for carrying the team's medicines
- Their professional qualifications (if appropriate)
- Confirmation that they are the person responsible for the medicines for the team
- The outward and return dates of their travel
- A list of the drugs they are carrying into the UK including dosages and total amounts

Arrivals and Departures

It is expected that all Federations will arrive through Glasgow International Airport. Upon receipt of flight arrival and departure information, transfers will be arranged between the respective airport and the official hotel. Please fill out the attached booking form to ensure you reserve your transfers.

If you require transfers from Edinburgh Airport then this can be arranged at an additional cost. If you would like a quote for this service then please contact LENSwimming@cseplc.com who can arrange this for you.

Transport Between Official Hotels And Competition Venue

Regular transport will be scheduled to run between the official hotels and the competition venue on training days and competition days. Further information on transport schedules will be communicated in the Team Guide released in November 2019.

Please note that transport will be only be provided for Federations who book official hotels via CSE.

Accommodation Information

Information on team and technical official hotels can be found in Bulletin 1.

Accommodation Terms & Conditions

The deadline for booking is Friday 1 November 2019.

Accommodation Payment Terms

- Full balance due by Friday 8 November 2019

If a payment deadline is missed, Federations risk their reservation being forfeited. Any cancellations or amendments to your booking prior to Friday 1 November will result in the loss of your 20% deposit

Please note cancellations received after Friday 1 November are non-refundable.

Accommodation and Transport Contact Details

Email: LENSwimming@cseplc.com
Tel: +44 (0) 121 647 4093

Dear Federations,

The countdown to one of Europe's biggest swimming events of the year, the LEN European Short Course Swimming Championships is on! The event will be action-packed with five days of intense competition, the atmosphere is going to be electric. You don't want to miss out!

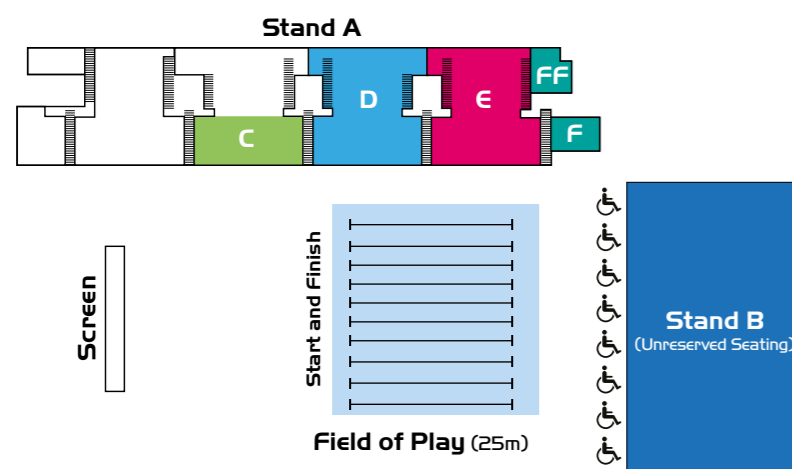
We would like to offer you the opportunity to purchase tickets for your federation, friends and family of athletes in a dedicated, reserved area. Seats in this area are limited so tickets will be sold on a first come first serve basis.

To purchase tickets within the LEN friends and family area in **seating bank C** please [click here](#)

*Please Note: Block C is located behind the Start/Finish line.

To purchase tickets within any other seating bank and accessible tickets please [click here](#)

Tickets are selling fast therefore the earlier your federation orders tickets the better.



	Date	Competition Pool	Training Pool
Training Days	Sunday 1 December	07:00 - 20:00	07:00 - 20:00
	Monday 2 December	07:00 - 20:00	07:00 - 20:00
	Tuesday 3 December	07:00 - 17:30	07:00 - 20:00
Competition Days	Wednesday 4 December	Heats Warm Up 07:00 - 09:15 Finals Warm Up 14:30 - 16:15	07:00 - 1hr after competition
	Thursday 5 December	Heats Warm Up 07:00 - 09:15 Finals Warm Up 15:00 - 16:45	07:00 - 1hr after competition
	Friday 6 December	Heats Warm Up 07:00 - 09:15 Finals Warm Up 15:00 - 16:45	07:00 - 1hr after competition
	Saturday 7 December	Heats Warm Up 07:00 - 09:15 Finals Warm Up 15:00 - 16:45	07:00 - 1hr after competition
	Sunday 8 December	Heats Warm Up 07:00 - 09:15 Finals Warm Up 15:00 - 16:45	07:00 - 1hr after competition

COMPETITION SCHEDULE

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Day 1 Wednesday 4 December	
Heats	
09:30 Start	Men 100m Butterfly Heats
	Women 50m Breaststroke Heats
	Men 50m Breaststroke Heats
	Women 400m Individual Medley Heats
	Men 400m Freestyle Heats
	Women 100m Backstroke Heats
	Men 200m Backstroke Heats
	Men 4x50m Freestyle Relay Heats
	Women 800m Freestyle Heats
Semi-Finals & Finals	
17:00 Start	Opening Ceremony
	Men 50m Breaststroke Semi-Final
	Women 50m Breaststroke Semi-Final
	Men 200m Backstroke Final
	Women 400m Individual Medley Final
	Men 400m Freestyle Final
	Men 200m Backstroke Victory Ceremony
	Women 100m Backstroke Semi-Final
	Women 400m Individual Medley Victory Ceremony
	Men 100m Butterfly Semi-Final
	Women 50m Breaststroke Final
	Men 50m Breaststroke Final
	Men 400m Freestyle Victory Ceremony
	Men 4x50m Freestyle Relay Final
	Women 50m Breaststroke Victory Ceremony
	Men 50m Breaststroke Victory Ceremony
Men 4x50m Freestyle Relay Victory Ceremony	

Day 2 Thursday 5 December	
Heats	
09:30 Start	Men 200m Freestyle Heats
	Women 50m Butterfly Heats
	Men 200m Breaststroke Heats
	Women 100m Freestyle Heats
	Men 100m Backstroke Heats
	Women 100m Individual Medley Heats
	Men 400m Individual Medley Heats
	Mixed 4x50m Medley Relay Heats
	Men 1500m Freestyle Heats
Semi-Finals & Finals	
17:00 Start	Women 50m Butterfly Semi-Final
	Men 200m Freestyle Final
	Men 200m Breaststroke Final
	Women 100m Freestyle Semi-Final
	Men 200m Freestyle Victory Ceremony
	Men 400m Individual Medley Final
	Men 200m Breaststroke Victory Ceremony
	Women 100m Backstroke Final
	Men 100m Backstroke Semi-Final
	Men 400m Individual Medley Victory Ceremony
	Women 100m Individual Medley Semi-Final
	Women 100m Backstroke Victory Ceremony
	Men 100m Butterfly Final
	Women 800m Freestyle Final
	Women 50m Butterfly Final
	Men 100m Butterfly Victory Ceremony
Mixed 4x50m Medley Relay Final	
Women 800m Freestyle Victory Ceremony	
Women 50m Butterfly Victory Ceremony	
Mixed 4x50m Medley Relay Victory Ceremony	

COMPETITION SCHEDULE

COMPETITION SCHEDULE

Day 3 Friday 6 December	
Heats	
09:30 Start	Women 100m Breaststroke Heats
	Men 50m Freestyle Heats
	Women 200m Backstroke Heats
	Men 100m Breaststroke Heats
	Women 200m Butterfly Heats
	Men 200m Individual Medley Heats
	Women 4x50m Freestyle Relay Heats
Semi-Finals & Finals	
17:00 Start	Men 50m Freestyle Semi-Final
	Women 100m Freestyle Final
	Men 100m Breaststroke Semi-Final
	Women 200m Backstroke Final
	Women 100m Freestyle Victory Ceremony
	Men 200m Individual Medley Final
	Women 200m Butterfly Final
	Women 200m Backstroke Victory Ceremony
	Women 100m Breaststroke Semi-Final
	Men 200m Individual Medley Victory Ceremony
	Men 100m Backstroke Final
	Women 200m Butterfly Victory Ceremony
	Women 100m Individual Medley Final
	Men 1500m Freestyle Final
	Men 100m Backstroke Victory Ceremony
	Men 50m Freestyle Final
	Women 100m Individual Medley Victory Ceremony
	Women 4x50m Freestyle Relay Final
	Men 1500m Freestyle Victory Ceremony
	Men 50m Freestyle Victory Ceremony
Women 4x50m Freestyle Relay Victory Ceremony	

Day 4 Saturday 7 December	
Heats	
09:30 Start	Men 50m Butterfly Heats
	Women 50m Backstroke Heats
	Men 100m Freestyle Heats
	Women 200m Freestyle Heats
	Women 100m Butterfly Heats
	Men 100m Individual Medley Heats
	Women 200m Individual Medley Heats
	Mixed 4x50m Freestyle Relay Heats
Semi-Finals & Finals	
17:00 Start	Women 50m Backstroke Semi-Final
	Men 50m Butterfly Semi-Final
	Women 100m Breaststroke Final
	Men 100m Freestyle Semi-Final
	Women 200m Individual Medley Final
	Women 100m Breaststroke Victory Ceremony
	Men 100m Individual Medley Semi-Final
	Women 200m Freestyle Final
	Women 200m Individual Medley Victory Ceremony
	Men 100m Breaststroke Final
	Women 100m Butterfly Semi-Final
	Women 200m Freestyle Victory Ceremony
	Men 50m Butterfly Final
	Men 100m Breaststroke Victory Ceremony
	Women 50m Backstroke Final
	Mixed 4x50m Freestyle Relay Final
	Men 50m Butterfly Victory Ceremony
	Women 50m Backstroke Victory Ceremony
	Mixed 4x50m Freestyle Relay Victory Ceremony

Day 5 Sunday 8 December	
Heats	
09:30 Start	Women 50m Freestyle Heats
	Men 50m Backstroke Heats
	Women 200m Breaststroke Heats
	Men 200m Butterfly Heats
	Women 400m Freestyle Heats
	Men 4x50m Medley Relay Heats
	Women 4x50m Medley Relay Heats
Semi-Finals & Finals	
17:00 Start	Women 50m Freestyle Semi-Final
	Men 50m Backstroke Semi-Final
	Women 200m Breaststroke Final
	Men 100m Freestyle Final
	Women 100m Butterfly Final
	Men 100m Individual Medley Final
	Women 200m Breaststroke Victory Ceremony
	Women 400m Freestyle Final
	Men 100m Freestyle Victory Ceremony
	Men 200m Butterfly Final
	Women 100m Butterfly Victory Ceremony
	Women 50m Freestyle Final
	Men 100m Individual Medley Victory Ceremony
	Men 50m Backstroke Final
	Women 400m Freestyle Victory Ceremony
	Men 200m Butterfly Victory Ceremony
	Women 4x50m Medley Relay Final
	Men 4x50m Medley Relay Final
	Women 50m Freestyle Victory Ceremony
	Men 50m Backstroke Victory Ceremony
	Women 4x50m Medley Relay Victory Ceremony
	Men 4x50m Medley Relay Victory Ceremony
	Best Performances Awards
Championships Trophy Award	
LEN Flag Handover Closing Ceremony	

Venue Information

All training and competition for Swimming will take place between 1-8 December at Tollcross International Swimming Centre. This venue is a world-class aquatics centre located in the East End of Glasgow. The centre has a track record of hosting major swimming events, including the 2014 Commonwealth Games and was the venue for Swimming at the Glasgow 2018 European Championships.

Tollcross International Swimming Centre's competition pool will be configured to 25m for these Short Course Championships along with the 50m training pool which will be set to 2 x 25m of six (6) lanes. There will be over 900m² of team space and a total seating capacity in excess of 3500.

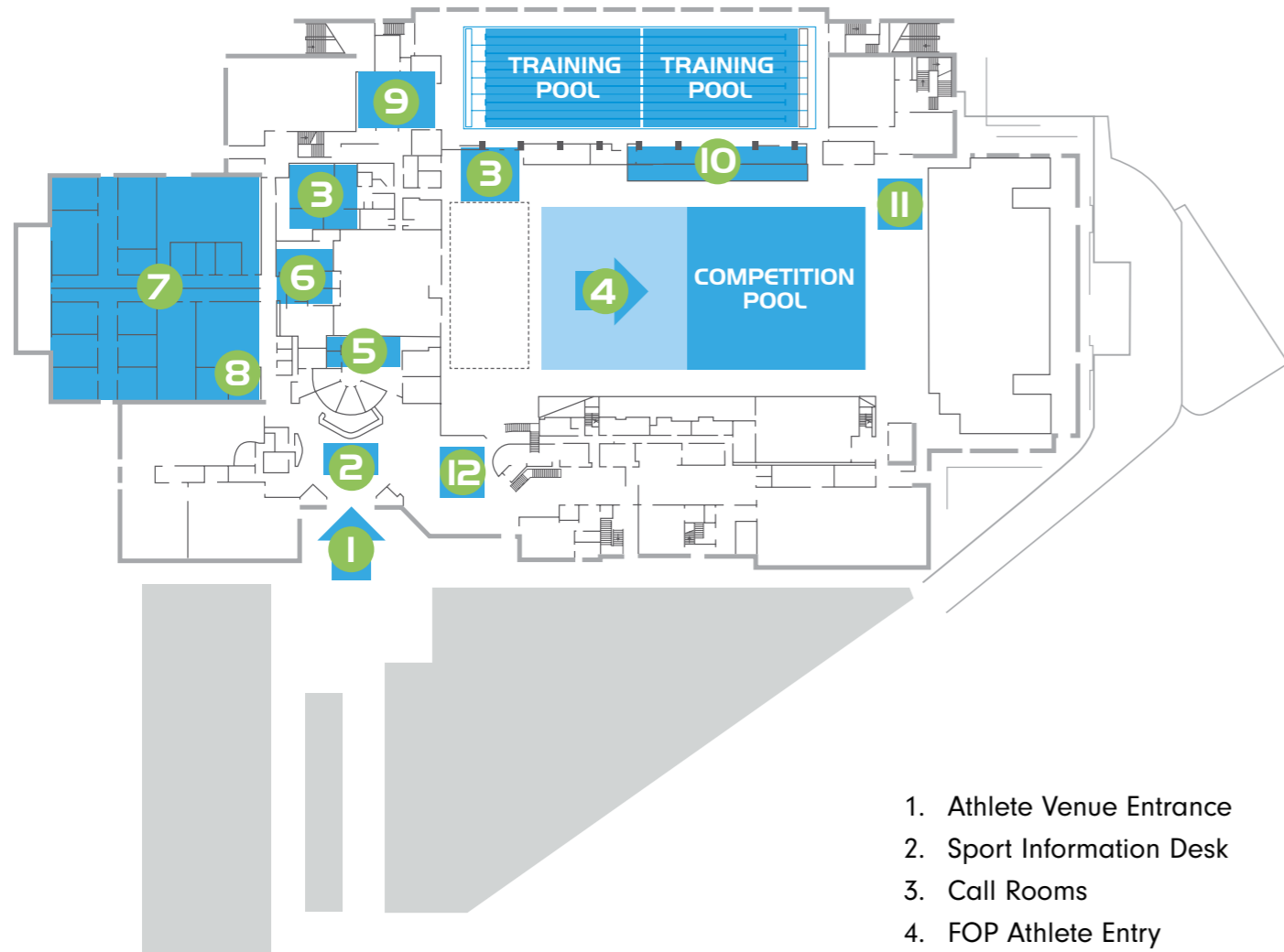
Ice Bath space requests

If Federations require a space for an ice bath, we ask that you email sportG2019ESC@swimming.org indicating the size of ice bath you intend to bring and if it will require a power source. Please email no later than Friday 25 October 2019.

Requests after this date will be considered but not guaranteed.



VENUE INFORMATION



1. Athlete Venue Entrance
2. Sport Information Desk
3. Call Rooms
4. FOP Athlete Entry
5. Doping Control
6. Athlete Medical
7. Athlete Preparation Area
8. Video Analysis Review Area
9. Athlete Lounge
10. Ice Bath Areas
11. Coaches Viewing Area
12. Mixed Zone

Event Official Partners



Event Official Sponsors



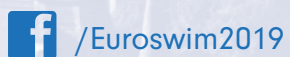
Institutional Partners





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