

ΕΘΝΙΚΟ ΠΡΩΤΑΘΛΗΜΑ ΑΝΟΙΚΤΗΣ ΚΑΤΗΓΟΡΙΑΣ 2022**ΟΑΚΑ****19 - 22/07/2022****RESULTS BY HEAT****400m INDIVIDUAL MEDLEY - WOMEN (50m)****20/7/2022 PM****# 1****Heat: 1**

Rnk	C.	No.	FullName	B.D.	Team	Category	Result	Points
1.	4	140525	LEBL ILEKTRA-VARVARA	1999	OSFP	WOMEN	04:58.79	18
2.	3	167280	RIGAKI FOTEINI EYAGGELIA	2007	MILON	GIRLS	05:05.49	16
3.	5	160685	PSOMIADI THEODORA DESPOIN	2005	KOPI	JR-W	05:05.75	15
4.	2	140180	KYRIAKOPOULOU GEORGIA	2000	AOPF	WOMEN	05:07.93	14
5.	7	152563	HATZI MARIA	2002	OSFP	WOMEN	05:08.37	13
6.	6	141240	ZAMARIA AGGELIKI	2000	AOPF	WOMEN	05:08.53	12
7.	8	162064	KOUROUNIOTI DAFNI	2003	NOVOUL	WOMEN	05:12.78	11
8.	1	147064	METSIU FOTEINI	2001	PGS	WOMEN	05:15.77	10

Heat: 2

Rnk	C.	No.	FullName	B.D.	Team	Category	Result	Points
1.	4	166521	ZABROU ANNA	2006	K.E.KOZANI	GIRLS	05:12.65	8
2.	6	159274	PAPADAKI MAROUSA	2005	EOFPF	JR-W	05:18.61	7
3.	1	179116	PSAROUDAKI EIRINI	2009	ORIONAS	GIRLS 13	05:20.10	6
4.	5	169755	ALEXAKI KYRIAKI	2007	OFTHA	GIRLS	05:20.18	5
5.	3	175174	BESIOU MARIA	2008	GSPERIST	GIRLS 14	05:21.14	4
6.	2	171694	ZERVOU ELENI	2007	TRIT.IRAKL	GIRLS	05:21.33	3
7.	8	166928	THEODOROU EYAGGELIA	2007	MILON	GIRLS	05:29.03	2
8.	7	163541	PANOUTSAKOPOULOU ELENI	2006	PGS	GIRLS	05:30.35	1

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Rnk	C.	No.	FullName	B.D.	Team	Category	Result	Points
1.	5	152954	VLAHOGIANNAKOS PANAGIOTIS	2002	EOFPF	MEN	04:23.76	18
2.	4	157100	SOFIKITIS VASILEIOS	2004	OSFP	JR-M	04:24.94	16
3.	2	135200	KOKKINIDIS IOANNIS	1998	ARIS	MEN	04:32.78	15
4.	6	147741	GIOURTZIDIS DANIL	2002	EOFPF	MEN	04:33.90	14
5.	3	145164	DIASITIS MIHAIL	2002	AOPF	MEN	04:35.37	13
6.	1	119963	MOUZAS HRISTOS	1995	ARIS	MEN	04:37.66	12
7.	7	157078	MIARITIS ALEXANDROS	2003	GS.VI NIKI	MEN	04:41.31	11
8.	8	124581	TZIMALAS XENOFON	1995	MAKEDONIK	MEN	04:44.84	10

Heat: 2

Rnk	C.	No.	FullName	B.D.	Team	Category	Result	Points
1.	4	155305	FYKATAS MIHAIL	2002	NEOSIRAKLI	MEN	04:38.56	8
2.	5	141932	APOSTOLIDIS SOKRATIS	2000	OSFP	MEN	04:42.28	7
3.	2	161622	NIKOU GEORGIOS	2005	PANIONIOS	JR-M	04:45.92	6
4.	7	175570	STARAKIS ELEYTHERIOS	2005	AOPF	JR-M	04:46.59	5
5.	6	159722	TSAVARIS MIHAIL GEORGIOS	2006	OSFP	BOYS	04:47.67	4
6.	1	174699	DOUMAS EYAGGELOS EFRAIM	2008	OFTHA	BOYS 14	04:47.83	3
7.	3	166522	KARAGIANNAKIS VASILEIOS	2006	K.E.KOZANI	BOYS	04:48.73	2
8.		154947	VIOLARIS KONSTADINOS	2002	NEOSIRAKLI	MEN		

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Rnk	C.	No.	FullName	B.D.	Team	Category	Result	Points
1.	3	116527	DRAKOU THEODORA	1992	PAO	WOMEN	00:28.52	18
2.	5	119123	NTOUNTOUNAKI ANNA	1995	PAO	WOMEN	00:28.66	16
3.	6	140004	SAHA IOANNA	1999	AOPF	WOMEN	00:30.14	15
4.	7	129745	KOUTSOUELI ELENI-ANNA	1997	ILYS A.O.	WOMEN	00:30.23	14
5.	1	154343	GEORGOPOULOU IOANNA	2003	ANOG	WOMEN	00:30.49	13
6.	2	131913	THODI AFRODITI	1997	OSFP	WOMEN	00:30.54	12
7.	8	157277	BIRBA ANASTASIA	2005	PAO	JR-W	00:30.73	11
	4		PEDA PAULINA	1998	POL	WOMEN	00:28.56	ooc

Heat: 2

Rnk	C.	No.	FullName	B.D.	Team	Category	Result	Points
1.	3	175109	PYRILI DESPOINA	2008	PANSER	GIRLS 14	00:30.45	10
2.	2	165605	STROGGYLI NATALIA	2005	OFNI	JR-W	00:30.72	8
3.	5	162525	PAPADOPOULOU EYAGGELIA	2006	OKEANOS	GIRLS	00:30.82	7
4.	4	159087	DIMITRIADI SOFIA	2004	OFTHA	JR-W	00:30.92	6
5.	6	165886	MARVAKI EIRINI	2007	PANSER	GIRLS	00:30.95	4
	1	160402	KARGA MARIA-RAFAELA	2004	OFTH	JR-W	00:30.95	4
7.	7	154608	DADOU SOTIRIA	2003	KOPI	WOMEN	00:31.09	3
8.	8	93098	MATSA MARTHA	1987	OSFP	WOMEN	00:31.34	2

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Rnk	C.	No.	FullName	B.D.	Team	Category	Result	Points
1.	5	131484	HRISTOU APOSTOLOS	1996	OSFP	MEN	00:24.94	18
2.	3	120256	SPANOUDAKIS GEORGIOS	1994	AOPF	MEN	00:25.28	16
3.	4	155233	ANDREOPOULOS THEODOROS	2002	ARIS	MEN	00:25.31	15
4.	1	158469	KOUGKOULOS ANASTASIOS	2003	NOALEX	MEN	00:25.63	14
5.	7	142176	MAKRYGIANNIS EYAGGELOS	2000	AOPF	MEN	00:25.70	13
6.	2	144954	BILAS STERGIOS-MARIOS	2001	EOFPF	MEN	00:25.87	12
	6		FRANKE PAWEL	1999	POL	MEN	00:25.71	OOO
	8		OSTROWSKI KAROL	1999	POL	MEN	00:26.02	OOO

Heat: 2

Rnk	C.	No.	FullName	B.D.	Team	Category	Result	Points
1.	4	133870	SOFIANIDIS NIKOLAOS	1998	PAOK	MEN	00:26.10	11
2.	5	146751	HRISTOU IOANNIS	2002	OSFP	MEN	00:26.48	10
3.	3	138152	KYRIAZIS KONSTADINOS	2000	NOPATR	MEN	00:26.70	8
4.	6	158353	GKELIS DIMITRIOS	2004	AOPF	JR-M	00:26.78	7
5.	2	132305	TSOUMANIS VASILEIOS	1997	ARIS	MEN	00:26.85	6
6.	7	158932	MITSIANIS KONSTADINOS	2004	K.A.NAOUA	JR-M	00:27.13	5
7.	8	155336	KALKANIS AHILLEAS	2004	ANOARGYR	JR-M	00:27.37	4
8.	1	152509	DIMITRIADIS ALEXANDROS	2001	OSFP	MEN	00:27.44	3

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Rnk	C.	No.	FullName	B.D.	Team	Category	Result	Points
1.	4	146273	KALOGERI ZAHAROULA	2002	AOPF	WOMEN	02:03.61	18
2.	3	153417	MITSAKOU HRYSOULA	2003	ASK DERI	WOMEN	02:04.03	16
3.	1	167322	VASILAKI ARTEMIS	2006	TRIT.IRAKL	GIRLS	02:04.85	15
4.	6	137732	PAYLOPOULOU GEORGIA	2000	OSFP	WOMEN	02:05.59	14
5.	8	167951	BOUTOU ANASTASIA	2007	ASK DERI	GIRLS	02:06.63	13
6.	2	143616	ARAVADINOU ATHINA	2000	OSFP	WOMEN	02:07.48	12
	7		KNOP ALEKSANDRA	2003	POL	WOMEN	02:02.40	OOO
	5		KLIMEK MARTA	2003	POL	WOMEN	02:04.05	OOO

Heat: 2

Rnk	C.	No.	FullName	B.D.	Team	Category	Result	Points
1.	4	140360	KATSIARA AFRODITI	2000	AOPF	WOMEN	02:07.21	11
2.	5	159955	KODOU KYRIAKI	2005	EOFPF	JR-W	02:07.93	10
3.	6	146629	PERIVOLA KONSTADINA	2002	OSFP	WOMEN	02:07.97	8
4.	3	160311	KARATHANOU FOTEINI	2005	AOPF	JR-W	02:09.16	7
5.	2	175243	FERRA LORA EYGENIA	2008	PAO	GIRLS 14	02:11.70	6
6.	8	172412	ELMAZI ANNA	2007	PAOK	GIRLS	02:12.70	5
7.	1	169311	EXARHOU MARIA	2007	PAO	GIRLS	02:13.15	4
8.	7	174543	LABROU ARIADNI EYAGGELIA	2005	KOPI	JR-W	02:14.13	3

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Rnk	C.	No.	FullName	B.D.	Team	Category	Result	Points
1.	4	152434	BOLANOS PANAGIOTIS	2000	OSFP	MEN	01:49.94	18
2.	5	136026	NEGRIS DIMITRIOS	1998	OSFP	MEN	01:51.49	16
3.	1	158275	FYKATAS GEORGIOS	2004	PAOK	JR-M	01:52.45	15
4.	3	139901	POALAS AGGELOS-ALEXANDROS	1999	OSFP	MEN	01:53.02	14
5.	6	157739	ANDRIADAKIS FILIPPOS	2003	AOPF	MEN	01:53.03	13
6.	7	136711	RAGGOUSIS DIMITRIOS	1999	GSPERIST	MEN	01:53.46	12
7.	8	144030	PARIANOS DIMITRIOS	2000	ANOG	MEN	01:53.66	11
	2		SIERADZKI KAMIL	2002	POL	MEN	01:52.46	ooc

Heat: 2

Rnk	C.	No.	FullName	B.D.	Team	Category	Result	Points
1.	4	147917	GKOUDOUMIS LABROS	2001	NOKALAMK	MEN	01:53.58	10
2.	3	154024	PROVATAS NIKOLAOS	2003	ANOG	MEN	01:54.82	8
3.	6	140989	MANOLARAKIS ELEYTHERIOS	1999	ANOG	MEN	01:55.88	7
4.	2	147476	ZOUBOULOGLOU DIMITRIOS	2002	PAOK	MEN	01:56.97	6
5.	5	155522	TSIFRIKAS ILIAS	2003	OKEANOS	MEN	01:57.24	5
6.	7	177777	SOUTOS NIKOLAOS	2006	S.A.KOLLEG	BOYS	01:57.25	4
7.	1	141349	PAPADIMITRIOU NIKOLAOS	2000	ARIS	MEN	01:59.08	3
8.	8	139550	GEORGARAKIS IOANNIS	1999	AOPF	MEN	01:59.10	2

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Rnk	C.	No.	FullName	B.D.	Team	Category	Result	Points
1.	6	139732	KODOGEOURGOU ELENI	2000	OSFP	WOMEN	01:10.41	18
2.	2	161695	AGGELAKI HARA	2004	OKEANOS	JR-W	01:10.71	16
3.	4	124638	DRASIDOU MARIA-THALEIA	1995	AOPF	WOMEN	01:11.24	15
4.	5	160213	TASAKOU ANDROMAHI	2003	OSFP	WOMEN	01:11.71	14
5.	8	170624	DESTE SOFIA	2004	AOPF	JR-W	01:12.94	13
6.	7	143052	ARGYROPOULOU AGGELIKI MAR	2001	OSFP	WOMEN	01:13.23	12
	3		SZTANDERA DOMINIKA	1997	POL	WOMEN	01:08.34	OOC
	1	167213	HARITOU FOTEINI	2005	PAO	JR-W		

Heat: 2

Rnk	C.	No.	FullName	B.D.	Team	Category	Result	Points
1.	4	170158	HARA AGAPI	2005	PANIONIOS	JR-W	01:13.31	11
2.	5	172274	KOKKOTA EYANTHIA	2007	MILON	GIRLS	01:13.81	8
3.	7	166162	MAZARAKI EYTHYMIA	2006	PAOK	GIRLS	01:14.68	7
4.	3	170278	ZARBOUTI ARETI	2008	ASK DERI	GIRLS 14	01:14.85	6
5.	6	154987	LAZARI HRISTINA	2004	PAO	JR-W	01:15.10	5
6.	8	166156	NASIOKA IOANNA	2006	PAOK	GIRLS	01:15.62	4
7.	2	153287	DALIPI OURANIA	2003	NOKALAMK	WOMEN	01:15.88	3
8.	1	158780	HASIAKOU ELENI	2006	PGS	GIRLS	01:16.58	2

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Rnk	C.	No.	FullName	B.D.	Team	Category	Result	Points
1.	5	143452	ASPOUGALIS ARKADIOS GEORG	2001	NEOSIRAKLI	MEN	01:01.55	18
2.	6	145849	THOMOGLU SAVVAS	2001	ARIS	MEN	01:02.07	16
3.	3	132662	MERETSOLIAS KONSTADINOS	1998	AOPF	MEN	01:02.25	15
4.	7	129305	HIOTIS PANAGIOTIS	1996	OSFP	MEN	01:02.64	14
5.	8	140151	KRANIAS SPYRIDON	2000	AOPF	MEN	01:02.77	13
6.	1	120256	SPANOUDAKIS GEORGIOS	1994	AOPF	MEN	01:03.18	12
	4		WIEKIERA DAWID	2002	POL	MEN	01:01.38	OOO
	2		KOZAKIEWICZ JAN	1996	POL	MEN	01:04.02	OOO

Heat: 2

Rnk	C.	No.	FullName	B.D.	Team	Category	Result	Points
1.	4	166955	TSALIAGKOS DIMITRIOS	2004	ASK DERI	JR-M	01:03.13	11
2.	5	146720	DIAMADIDIS ATHANASIOS-SEVA	2002	NOKORIN	MEN	01:03.91	10
3.	7	147425	VENETOS IOANNIS	2002	NOVOUL	MEN	01:04.40	8
4.	6	160882	ALEXOPOULOS DIMITRIOS-MAR	2004	PAOK	JR-M	01:04.42	7
5.	1	147145	MOUSOS DIMITRIOS	2001	NOALEX	MEN	01:04.49	6
6.	3	157100	SOFIKITIS VASILEIOS	2004	OSFP	JR-M	01:05.15	5
7.	8	140129	GENKIANIDIS PANAGIOTIS-ORF	2000	OSFP	MEN	01:05.26	4
8.	2	155828	KOUTSOULAS STAMATIS	2002	PAO	MEN	01:05.77	3