

START LIST



10,000 Metres Women - Final

RECORDS	RESULT	NAME	COUNTRY	AGE	VENUE	DATE
World Record WR	29:01.03	Letesenbet GIDEY	ETH	23	Hengelo (NED)	8 Jun 2021
Championships Record CR	30:04.18	Berhane ADERE	ETH	30	Paris-St-Denis (FRA)	23 Aug 2003
World Leading WL	29:29.73	Gudaf TSEGAY	ETH	26	Nerja (ESP)	23 Jun 2023

19 August 2023 20:55 START TIME

ORDER	BIB	NAME	COUNTRY	DATE of BIRTH	PERSONAL BEST	SEASON BEST	WORLD RANKING
1	1426	Alicia MONSON	USA	13 May 98	30:03.82	30:03.82	13
2	771	Ejgayehu TAYE	ETH	10 Feb 00	29:57.45	29:57.45	5
3	1139	Sifan HASSAN	NED	1 Jan 93	29:06.82	29:37.80	2
4	1200	Luz Mery ROJAS	PER	20 Jun 93	33:07.74	33:07.74	143
5	1077	Irine Jepchumba KIMAI	KEN	10 Oct 98	30:37.24	31:52.20	34
6	1384	Elise CRANNY	USA	9 May 96	30:14.66	32:12.30	32
7	765	Lemlem HAILU	ETH	25 May 01	29:59.15	29:59.15	
8	1354	Stella CHESANG	UGA	1 Dec 96	31:01.04		22
9	762	Letesenbet GIDEY	ETH	20 Mar 98	29:01.03		1
10	1065	Caroline Chepkoech KIPKIRUI	KAZ	26 May 94	30:17.64		10
11	1086	Agnes Jebet NGETICH	KEN	23 Jan 01	31:52.45	31:52.45	47
12	577	Maria Lucineida DA SILVA	BRA	28 Nov 01	34:02.61	34:53.67	369
13	772	Gudaf TSEGAY	ETH	23 Jun 97	29:29.73	29:29.73	
14	1153	Diane VAN ES	NED	22 Mar 99	31:02.24	31:02.24	27
15	1435	Natosha ROGERS	USA	7 May 91	30:48.69	30:48.69	23
16	869	Jessica WARNER-JUDD	GBR	7 Jan 95	30:35.93	31:09.28	15
17	796	Camilla RICHARDSSON	FIN	14 Sep 93	31:12.78	31:12.78	41
18	1084	Grace Loibach NAWOWUNA	KEN	10 Nov 03	29:47.42	29:47.42	28
19	1042	Rino GOSHIMA	JPN	29 Oct 97	31:10.02	31:59.00	42
20	1349	Sarah CHELANGAT	UGA	5 Jun 01	31:06.46		44
21	1325	Sarah LAHTI	SWE	18 Feb 95	31:11.12		160
22	1045	Ririka HIRONAKA	JPN	24 Nov 00	30:39.71	32:11.15	19

World Ranking as of 8 August 2023

ALL-TIME OUTDOOR TOP LIST				2023 OUTDOOR TOP LIST			
RESULT	NAME	VENUE	DATE	RESULT	NAME	VENUE	2023
29:01.03	Letesenbet GIDEY (ETH)	Hengelo (NED)	8 Jun 21	29:29.73	Gudaf TSEGAY (ETH)	Nerja (ESP)	23 Jun
29:06.82	Sifan HASSAN (NED)	Hengelo (NED)	6 Jun 21	29:37.80	Sifan HASSAN (NED)	Hengelo (NED)	3 Jun
29:17.45	Almaz AYANA (ETH)	Rio de Janeiro (BRA)	12 Aug 16	29:47.42	Grace Loibach NAWOWUNA (KEN)	Hengelo (NED)	3 Jun
29:29.73	Gudaf TSEGAY (ETH)	Nerja (ESP)	23 Jun 23	29:57.45	Ejgayehu TAYE (ETH)	Nerja (ESP)	23 Jun
29:31.78	Junxia WANG (CHN)	Beijing (CHN)	8 Sep 93	29:59.03	Mizan ALEM (ETH)	London (GBR)	20 May
29:32.53	Vivian Jepkemoi CHERUIYOT (KEN)	Rio de Janeiro (BRA)	12 Aug 16	29:59.15	Lemlem HAILU (ETH)	Nerja (ESP)	23 Jun
29:42.56	Tirunesh DIBABA (ETH)	Rio de Janeiro (BRA)	12 Aug 16	30:00.86	Eilish MCCOLGAN (GBR)	San Juan Capistrano, CA (USA)	4 Mar
29:47.42	Grace Loibach NAWOWUNA (KEN)	Hengelo (NED)	3 Jun 23	30:03.82	Alicia MONSON (USA)	San Juan Capistrano, CA (USA)	4 Mar
29:50.77	Kalkidan GEZAHEGNE (BRN)	Maia (POR)	8 May 21	30:04.45	Tsiqie GEBRESELAMA (ETH)	Hengelo (NED)	3 Jun
29:53.51	Alice Aprot NAWOWUNA (KEN)	Rio de Janeiro (BRA)	12 Aug 16	30:23.69	Girmawit GEBRZIHAIR (ETH)	Nerja (ESP)	23 Jun