

## SPAR European Cross Country Championships 2023 Laeken Park, Brussels (Belgium) Sunday 10 December 2023

## U20 Men

SUN 10 DEC 2023 12:50

Race Analysis									
			Athletes: 92	Countrie	s: 28	Distance: 5000 m			
Rank	Bib	Name			Ctry Code	Date of Birth		Result	Time Behind
1	250	CHRISTENSEN Axel Va	200		Lap 1 DEN	Lap 2	Lap 3 JUL 2004	16:09	
·	233		ang		3:02 (1)	6:18 (1) 3:16	Г Т	4:56	
2	317	LAROS Niels			NED		APR 2005	16:10	0:01
					3:02 (3)	6:19 (2) 3:17		4:57	
3	299	<b>GRIGGS</b> Nicholas			IRL	18	DEC 2004	16:24	0:15
					3:02 (7)	6:19 (3) 3:17	11:14 (3) 4:55	5:10	
4	346	OTTFALK Karl			SWE	3	JAN 2006	16:39	0:30
					3:04 (15)	6:23 (7) 3:19	11:28 (5) 5:05	5:11	
5	282	MILLS Sam			GBR	26	NOV 2004	16:43	0:34
					3:02 (8)	6:19 (4) 3:17	11:25 (4) 5:06	5:18	
6	277	DOVER Henry			GBR	15	OCT 2005	16:45	0:36
					3:03 (10)	6:25 (9) 3:22	11:36 (8) 5:11	5:09	
endar & Re	sults		Top Lists			1003 Lausanne, Switzerland			, Switzerland
mpetition R	petition Regulations		Europear	n Rankings	Tel: +41 (21) 313 4350			3 4350	
			Records				off	ice@europea	an-athletics.org
side Eur	ope	an Athletics							
ganisation			Our Pa	artners					
ember Feder		IS							
ent Hosting edical & Anti		ng	Career	rs					
egrity			Conta	ct Us					



X