

## SPAR European Cross Country Championships 2023 Laeken Park, Brussels (Belgium) Sunday 10 December 2023

**Senior Men** 



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SUN 10 DEC 2023 15:15

## **Race Analysis**

Bib       Name         32       SCHRUB Yann         88       MYHRE Magnus Tuv         08       HENDRIX Robin	Lap 1 4:46 (9) 4:47 (11)	<b>Lap 2</b> 9:48 (3) 5:02 9:49 (4) 5:02	Ctry Code Lap 3 FRA 14:56 (3) 5:08 NOR 14:56 (1)	Lap 4 20 20:05 (2) 5:09	te of Birth Lap 5 MAR 1996 25:09 (1) 5:04 JUN 2000 25:18 (3)	Result 30:17 5:08 30:20	Time Behind 0:03
88 MYHRE Magnus Tuv	4:46 (9)	9:48 (3) 5:02 9:49 (4)	FRA 14:56 (3) 5:08 NOR 14:56 (1)	20:05 (2) 5:09 15	MAR 1996 25:09 (1) 5:04 JUN 2000	5:08	0:03
88 MYHRE Magnus Tuv		5:02 9:49 (4)	14:56 (3) 5:08 NOR 14:56 (1)	20:05 (2) 5:09 15	25:09 (1) 5:04 JUN 2000	5:08	0:03
		5:02 9:49 (4)	5:08 NOR 14:56 (1)	5:09 15	5:04 JUN 2000		0:03
		9:49 (4)	NOR 14:56 (1)	15	JUN 2000		0:03
			14:56 (1)			30:20	0:03
08 HENDRIX Robin	4:47 (11)		. ,	20:07 (3)	25.18 (3)		0.00
08 HENDRIX Robin		5:02	E.07				
08 HENDRIX Robin			5:07	5:11	5:11	5:02	
			BEL	14	JAN 1995	30:22	0:05
	4:49 (23)	9:52 (6)	14:58 (4)	20:08 (5)		5.04	
		5:03					0.40
4 139 MILNER Hugo						30:27	0:10
	4:46 (1)			. ,		5.12	
5 163 GETAHON Tadesse		0.01					0:16
	4:40 (25)	0:52 (11)				30.33	0.10
	4.49 (25)	• • •		. ,		5:10	
09 HEYMANS John						30:34	0:17
6 109 HEYMANS John	4:47 (17)	9:53 (12)					0,
		5:06	5:06	5:09	5:14	5:12	
23 OUKHELFEN Abdess	samad		ESP	18	DEC 1998	30:40	0:23
	4:47 (15)	9:52 (9)	14:59 (6)	20:14 (8)	25:25 (7)		
		5:05	5:07	5:15	5:11	5:15	
8 154 DALTON Cormac			IRL	1	SEP 1998	30:40	0:23
	4:47 (14)	9:52 (10)	15:00 (10)	20:14 (9)	25:29 (9)		
		5:05	5:08	5:14	5:15		
	09 HEYMANS John 23 OUKHELFEN Abdess	$ \begin{array}{c}     4:46 (1) \\     4:49 (25) \\     4:49 (25) \\     4:47 (17) \\     23 OUKHELFEN Abdessamad \\     4:47 (15) \\     54 DALTON Cormac \\     4:47 (14) \\ \end{array} $	$4:46 (1) \qquad 9:47 (1) \\ 5:01 \\ 5:01 \\ 9:50 \\ 9:52 (11) \\ 5:03 \\ 9 \\ 4:49 (25) \qquad 9:52 (11) \\ 5:03 \\ 9 \\ 4:47 (17) \qquad 9:53 (12) \\ 5:06 \\ 23 OUKHELFEN Abdessamad \\ 4:47 (15) \qquad 9:52 (9) \\ 5:05 \\ 54 DALTON Cormac \\ 4:47 (14) \qquad 9:52 (10) \\ 100 \\ 1$	$\begin{array}{c ccccccccccccccccccccccccccccccccccc$	$\begin{array}{c c c c c c c c c c c c c c c c c c c $	$\begin{array}{c c c c c c c c c c c c c c c c c c c $	$\begin{array}{c c c c c c c c c c c c c c c c c c c $

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