



WORLD ATHLETICS
INDOOR CHAMPIONSHIPS
NANJING 25

TIMETABLE

21 - 23 MARCH 2025

DAY 1

21 MARCH 25

AM

| | | |
|-------|------------------------|---|
| 10:05 | 60M HURDLES PENTATHLON | W |
| 10:18 | 400M ROUND 1 | W |
| 10:50 | HIGH JUMP PENTATHLON | W |
| 11:00 | 400M ROUND 1 | M |
| 11:25 | TRIPLE JUMP FINAL | M |
| 11:40 | 800M ROUND 1 | W |
| 12:25 | 800M ROUND 1 | M |
| 13:10 | 60M ROUND 1 | M |
| 13:15 | SHOT PUT PENTATHLON | W |

PM

| | | |
|-------|----------------------|---|
| 18:30 | HIGH JUMP FINAL | M |
| 18:35 | 1500M ROUND 1 | W |
| 18:42 | LONG JUMP PENTATHLON | W |
| 19:20 | 1500M ROUND 1 | M |
| 19:48 | SHOT PUT FINAL | W |
| 20:10 | 60M SEMI-FINAL | M |
| 20:33 | 400M SEMI-FINAL | W |
| 20:50 | 400M SEMI-FINAL | M |
| 21:08 | 800M PENTATHLON | W |
| 21:20 | 60M FINAL | M |

DAY 2

22 MARCH 25

AM

| | | |
|-------|----------------------|---|
| 10:05 | 60M HEPTATHLON | M |
| 10:10 | POLE VAULT FINAL | W |
| 10:25 | 60M HURDLES ROUND 1 | M |
| 10:45 | LONG JUMP HEPTATHLON | M |
| 11:15 | 60M ROUND 1 | W |
| 12:05 | 800M SEMI-FINAL | W |
| 12:10 | SHOT PUT HEPTATHLON | M |
| 12:25 | 800M SEMI-FINAL | M |

PM

| | | |
|-------|------------------------|---|
| 18:34 | POLE VAULT FINAL | M |
| 18:37 | HIGH JUMP HEPTATHLON | M |
| 19:05 | 3000M FINAL | W |
| 19:10 | TRIPLE JUMP FINAL | W |
| 19:25 | 3000M FINAL | M |
| 19:50 | 60M HURDLES SEMI-FINAL | M |
| 20:15 | 60M SEMI-FINAL | W |
| 20:44 | 400M FINAL | W |
| 20:55 | 400M FINAL | M |
| 21:05 | 60M HURDLES FINAL | M |
| 21:18 | 60M FINAL | W |

DAY 3

23 MARCH 25

AM

| | | |
|-------|------------------------|---|
| 10:05 | 60M HURDLES HEPTATHLON | M |
| 10:16 | LONG JUMP FINAL | W |
| 10:25 | 60M HURDLES ROUND 1 | W |
| 11:08 | 4X400M RELAY ROUND 1 | M |
| 11:15 | POLE VAULT HEPTATHLON | M |
| 11:30 | 4X400M RELAY ROUND 1 | W |
| 11:55 | HIGH JUMP FINAL | W |

PM

| | | |
|-------|------------------------|---|
| 19:35 | 60M HURDLES SEMI-FINAL | W |
| 19:40 | LONG JUMP FINAL | M |
| 19:46 | SHOT PUT FINAL | M |
| 20:02 | 1000M HEPTATHLON | M |
| 20:15 | 1500M FINAL | M |
| 20:28 | 1500M FINAL | W |
| 20:40 | 800M FINAL | M |
| 20:48 | 800M FINAL | W |
| 20:57 | 60M HURDLES FINAL | W |
| 21:07 | 4X400M RELAY FINAL | M |
| 21:18 | 4X400M RELAY FINAL | W |

NANJING, CHINA