



RACE ANALYSIS / 比赛分析

3000 Metres Men - Final / 男子 3000 米 - 决赛

22 March 2025 19:33 START TIME

PLACE	BIB	NAME												COUNTRY	DATE OF BIRTH	RESULT			
1	100 m	2	200 m	3	300 m	4	400 m	5	500 m	6	600 m	7	700 m	8	800 m	9	900 m	10	1000 m
11	1100 m	12	1200 m	13	1300 m	14	1400 m	15	1500 m	16	1600 m	17	1700 m	18	1800 m	19	1900 m	20	2000 m
21	2100 m	22	2200 m	23	2300 m	24	2400 m	25	2500 m	26	2600 m	27	2700 m	28	2800 m	29	2900 m		
1	317	Jakob INGEBRIGTSEN				雅各布·英厄布里格森				NOR				19 Sep 00				7:46.09	SB
1	17.75	2	18.40	3	15.63	4	16.44	5	15.66	6	16.26	7	15.89	8	16.48	9	17.37	10	16.85
	17.75 (14)		36.15 (13)		51.78 (8)		1:08.22 (5)		1:23.88 (5)		1:40.14 (5)		1:56.03 (3)		2:12.51 (1)		2:29.88 (1)		2:46.73 (3)
11	15.19	12	16.37	13	16.27	14	16.15	15	15.52	16	15.87	17	15.38	18	15.62	19	14.98	20	15.24
	3:01.92 (3)		3:18.29 (3)		3:34.56 (4)		3:50.71 (4)		4:06.23 (3)		4:22.10 (4)		4:37.48 (3)		4:53.10 (5)		5:08.08 (6)		5:23.32 (6)
21	15.12	22	15.16	23	14.60	24	14.79	25	14.17	26	14.51	27	14.34	28	13.41	29	13.31		13.36
	5:38.44 (9)		5:53.60 (8)		6:08.20 (7)		6:22.99 (5)		6:37.16 (1)		6:51.67 (2)		7:06.01 (2)		7:19.42 (1)		7:32.73 (2)		
2	185	Berihu AREGAWI				贝里胡·阿雷加维				ETH				28 Feb 01				7:46.25	SB
1	17.36	2	18.78	3	16.12	4	16.42	5	15.75	6	16.40	7	16.06	8	16.16	9	17.67	10	16.82
	17.36 (11)		36.14 (12)		52.26 (12)		1:08.68 (12)		1:24.43 (10)		1:40.83 (10)		1:56.89 (9)		2:13.05 (7)		2:30.72 (9)		2:47.54 (9)
11	15.24	12	15.79	13	16.61	14	15.74	15	15.60	16	15.73	17	15.54	18	15.36	19	14.79	20	15.35
	3:02.78 (9)		3:18.57 (6)		3:35.18 (10)		3:50.92 (7)		4:06.52 (6)		4:22.25 (6)		4:37.79 (8)		4:53.15 (6)		5:07.94 (5)		5:23.29 (5)
21	15.05	22	15.08	23	14.68	24	14.67	25	14.42	26	14.35	27	14.26	28	13.66	29	13.14		13.65
	5:38.34 (7)		5:53.42 (6)		6:08.10 (5)		6:22.77 (3)		6:37.19 (2)		6:51.54 (1)		7:05.80 (1)		7:19.46 (2)		7:32.60 (1)		
3	109	Ky ROBINSON				凯·罗宾逊				AUS				27 Feb 02				7:47.09	
1	16.87	2	18.30	3	16.32	4	16.74	5	15.52	6	16.16	7	16.52	8	16.65	9	17.23	10	17.18
	16.87 (5)		35.17 (7)		51.49 (6)		1:08.23 (6)		1:23.75 (4)		1:39.91 (4)		1:56.43 (6)		2:13.08 (8)		2:30.31 (5)		2:47.49 (8)
11	15.09	12	16.18	13	16.35	14	16.03	15	15.70	16	15.79	17	15.48	18	15.50	19	14.95	20	15.42
	3:02.58 (8)		3:18.76 (9)		3:35.11 (9)		3:51.14 (10)		4:06.84 (10)		4:22.63 (10)		4:38.11 (10)		4:53.61 (10)		5:08.56 (10)		5:23.98 (11)
21	14.25	22	15.04	23	14.51	24	14.83	25	14.62	26	14.58	27	14.39	28	13.72	29	13.45		13.72
	5:38.23 (6)		5:53.27 (3)		6:07.78 (1)		6:22.61 (1)		6:37.23 (3)		6:51.81 (3)		7:06.20 (3)		7:19.92 (3)		7:33.37 (4)		
4	382	Sam GILMAN				山姆·吉尔曼				USA				20 Sep 00				7:47.19	
1	16.74	2	18.24	3	15.89	4	16.16	5	15.92	6	16.68	7	16.58	8	16.65	9	17.45	10	16.78
	16.74 (2)		34.98 (5)		50.87 (3)		1:07.03 (3)		1:22.95 (3)		1:39.63 (3)		1:56.21 (4)		2:12.86 (6)		2:30.31 (5)		2:47.09 (5)
11	15.26	12	16.23	13	16.40	14	15.99	15	15.75	16	15.73	17	15.55	18	15.43	19	14.91	20	15.25
	3:02.35 (6)		3:18.58 (7)		3:34.98 (7)		3:50.97 (9)		4:06.72 (8)		4:22.45 (8)		4:38.00 (9)		4:53.43 (9)		5:08.34 (9)		5:23.59 (8)
21	15.08	22	14.98	23	14.84	24	14.76	25	14.64	26	14.57	27	14.14	28	13.70	29	13.01		13.88
	5:38.67 (11)		5:53.65 (9)		6:08.49 (9)		6:23.25 (9)		6:37.89 (9)		6:52.46 (9)		7:06.60 (7)		7:20.30 (4)		7:33.31 (3)		
5	388	Dylan JACOBS				迪伦·雅各布斯				USA				15 Jun 00				7:48.41	
1	17.07	2	18.28	3	16.46	4	16.71	5	15.72	6	16.36	7	15.96	8	16.18	9	17.70	10	16.90
	17.07 (8)		35.35 (8)		51.81 (10)		1:08.52 (10)		1:24.24 (8)		1:40.60 (8)		1:56.56 (7)		2:12.74 (5)		2:30.44 (7)		2:47.34 (7)
11	14.75	12	16.30	13	16.27	14	16.10	15	15.61	16	15.85	17	15.47	18	15.53	19	14.97	20	15.30
	3:02.09 (4)		3:18.39 (4)		3:34.66 (5)		3:50.76 (5)		4:06.37 (5)		4:22.22 (5)		4:37.69 (6)		4:53.22 (7)		5:08.19 (8)		5:23.49 (7)
21	14.68	22	15.24	23	14.53	24	14.78	25	14.70	26	14.44	27	14.35	28	14.17	29	13.83		14.20
	5:38.17 (3)		5:53.41 (5)		6:07.94 (3)		6:22.72 (2)		6:37.42 (4)		6:51.86 (4)		7:06.21 (4)		7:20.38 (5)		7:34.21 (5)		
6	232	Andrew COSCORAN				安德鲁·科斯科兰				IRL				18 Jun 96				7:48.53	
1	16.69	2	18.11	3	16.59	4	16.75	5	15.95	6	16.29	7	16.29	8	16.61	9	17.66	10	17.28
	16.69 (1)		34.80 (4)		51.39 (4)		1:08.14 (4)		1:24.09 (7)		1:40.38 (6)		1:56.67 (8)		2:13.28 (11)		2:30.94 (12)		2:48.22 (13)
11	15.38	12	15.30	13	15.59	14	15.83	15	15.66	16	15.68	17	15.51	18	15.51	19	15.01	20	15.40
	3:03.60 (13)		3:18.90 (11)		3:34.49 (3)		3:50.32 (2)		4:05.98 (1)		4:21.66 (1)		4:37.17 (1)		4:52.68 (2)		5:07.69 (3)		5:23.09 (3)
21	15.10	22	15.17	23	14.80	24	14.93	25	14.46	26	14.79	27	14.35	28	14.48	29	13.64		13.72
	5:38.19 (4)		5:53.36 (4)		6:08.16 (6)		6:23.09 (7)		6:37.55 (8)		6:52.34 (8)		7:06.69 (8)		7:21.17 (8)		7:34.81 (7)		
7	297	Anass ESSAYI				阿纳斯·伊萨伊				MAR				18 May 01				7:49.00	
1	16.95	2	18.14	3	16.54	4	16.71	5	16.13	6	16.31	7	16.42	8	16.23	9	17.70	10	16.88
	16.95 (6)		35.09 (6)		51.63 (7)		1:08.34 (8)		1:24.47 (11)		1:40.78 (9)		1:57.20 (12)		2:13.43 (13)		2:31.13 (13)		2:48.01 (12)
11	15.35	12	15.65	13	16.27	14	16.04	15	15.64	16	15.90	17	15.30	18	15.55	19	14.94	20	15.05
	3:03.36 (12)		3:19.01 (12)		3:35.28 (12)		3:51.32 (12)		4:06.96 (11)		4:22.86 (12)		4:38.16 (11)		4:53.71 (11)		5:08.65 (11)		5:23.70 (10)
21	14.69	22	15.38	23	14.90	24	14.81	25	14.60	26	14.85	27	14.36	28	14.34	29	13.44		13.93
	5:38.39 (8)		5:53.77 (10)		6:08.67 (10)		6:23.48 (10)		6:38.08 (11)		6:52.93 (11)		7:07.29 (11)		7:21.63 (10)		7:35.07 (9)		

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3000 Metres Men - Final / 男子 3000 米 - 决赛

8 279		Cornelius KEMBOI				科尼利厄斯·基姆博伊				KEN		29 Feb 00		7:49.00 ^{PB}					
1	17.09	2	18.58	3	16.64	4	16.63	5	15.88	6	16.47	7	16.22	8	15.69	9	17.45	10	16.44
	17.09 (9)		35.67 (11)		52.31 (13)		1:08.94 (13)		1:24.82 (13)		1:41.29 (12)		1:57.51 (13)		2:13.20 (9)		2:30.65 (8)		2:47.09 (5)
11	15.37	12	16.28	13	16.28	14	15.88	15	15.82	16	15.78	17	15.11	18	14.98	19	14.89	20	15.36
	3:02.46 (7)		3:18.74 (8)		3:35.02 (8)		3:50.90 (6)		4:06.72 (8)		4:22.50 (9)		4:37.61 (5)		4:52.59 (1)		5:07.48 (1)		5:22.84 (1)
21	15.03	22	15.31	23	14.74	24	15.07	25	14.49	26	14.78	27	14.58	28	14.67	29	13.76		13.73
	5:37.87 (1)		5:53.18 (1)		6:07.92 (2)		6:22.99 (5)		6:37.48 (6)		6:52.26 (7)		7:06.84 (9)		7:21.51 (9)		7:35.27 (10)		
9 186		Biniam MEHARY				比尼亚姆·梅哈里				ETH		20 Dec 06		7:49.18					
1	17.45	2	18.16	3	16.17	4	16.57	5	15.71	6	16.41	7	15.74	8	16.35	9	17.45	10	16.43
	17.45 (12)		35.61 (9)		51.78 (8)		1:08.35 (9)		1:24.06 (6)		1:40.47 (7)		1:56.21 (4)		2:12.56 (2)		2:30.01 (2)		2:46.44 (2)
11	15.17	12	16.30	13	16.22	14	16.12	15	15.73	16	15.85	17	15.52	18	15.51	19	14.94	20	15.44
	3:01.61 (2)		3:17.91 (1)		3:34.13 (1)		3:50.25 (1)		4:05.98 (1)		4:21.83 (2)		4:37.35 (2)		4:52.86 (3)		5:07.80 (4)		5:23.24 (4)
21	14.95	22	15.29	23	14.82	24	14.90	25	14.33	26	14.40	27	14.28	28	14.58	29	13.75		14.64
	5:38.19 (4)		5:53.48 (7)		6:08.30 (8)		6:23.20 (8)		6:37.53 (7)		6:51.93 (5)		7:06.21 (4)		7:20.79 (6)		7:34.54 (6)		
10 172		Dawit SEARE				达维特·塞尔				ERI		29 Dec 04		7:49.49					
1	17.21	2	18.40	3	16.47	4	16.49	5	16.04	6	16.44	7	16.13	8	16.04	9	17.67	10	16.75
	17.21 (10)		35.61 (9)		52.08 (11)		1:08.57 (11)		1:24.61 (12)		1:41.05 (11)		1:57.18 (11)		2:13.22 (10)		2:30.89 (11)		2:47.64 (10)
11	15.31	12	15.87	13	16.45	14	16.00	15	15.77	16	15.71	17	15.44	18	15.68	19	14.99	20	15.29
	3:02.95 (10)		3:18.82 (10)		3:35.27 (11)		3:51.27 (11)		4:07.04 (12)		4:22.75 (11)		4:38.19 (12)		4:53.87 (12)		5:08.86 (12)		5:24.15 (12)
21	14.85	22	15.14	23	14.85	24	14.87	25	14.13	26	14.61	27	14.49	28	14.67	29	13.88		13.85
	5:39.00 (12)		5:54.14 (12)		6:08.99 (12)		6:23.86 (12)		6:37.99 (10)		6:52.60 (10)		7:07.09 (10)		7:21.76 (11)		7:35.64 (11)		
11 189		Getnet WALE				格特尼特·瓦勒				ETH		16 Jul 00		7:50.07					
1	17.01	2	17.62	3	15.98	4	16.15	5	16.04	6	16.67	7	16.55	8	16.67	9	17.38	10	16.15
	17.01 (7)		34.63 (2)		50.61 (2)		1:06.76 (2)		1:22.80 (2)		1:39.47 (2)		1:56.02 (2)		2:12.69 (4)		2:30.07 (3)		2:46.22 (1)
11	15.22	12	16.55	13	16.35	14	16.22	15	15.67	16	15.78	17	15.50	18	15.40	19	14.70	20	15.35
	3:01.44 (1)		3:17.99 (2)		3:34.34 (2)		3:50.56 (3)		4:06.23 (3)		4:22.01 (3)		4:37.51 (4)		4:52.91 (4)		5:07.61 (2)		5:22.96 (2)
21	15.06	22	15.21	23	14.75	24	14.91	25	14.56	26	14.70	27	14.38	28	14.49	29	13.86		15.19
	5:38.02 (2)		5:53.23 (2)		6:07.98 (4)		6:22.89 (4)		6:37.45 (5)		6:52.15 (6)		7:06.53 (6)		7:21.02 (7)		7:34.88 (8)		
12 211		Sam PARSONS				山姆·帕森斯				GER		18 Jun 94		7:54.15					
1	16.76	2	17.55	3	15.79	4	16.32	5	16.16	6	16.71	7	16.45	8	16.87	9	17.46	10	16.92
	16.76 (3)		34.31 (1)		50.10 (1)		1:06.42 (1)		1:22.58 (1)		1:39.29 (1)		1:55.74 (1)		2:12.61 (3)		2:30.07 (3)		2:46.99 (4)
11	15.19	12	16.34	13	16.28	14	16.16	15	15.61	16	15.77	17	15.37	18	15.62	19	14.84	20	15.51
	3:02.18 (5)		3:18.52 (5)		3:34.80 (6)		3:50.96 (8)		4:06.57 (7)		4:22.34 (7)		4:37.71 (7)		4:53.33 (8)		5:08.17 (7)		5:23.68 (9)
21	14.98	22	15.21	23	14.86	24	14.94	25	14.70	26	15.10	27	14.84	28	15.55	29	14.99		15.30
	5:38.66 (10)		5:53.87 (11)		6:08.73 (11)		6:23.67 (11)		6:38.37 (12)		6:53.47 (12)		7:08.31 (12)		7:23.86 (13)		7:38.85 (12)		
13 234		James GORMLEY				詹姆斯·戈姆利				IRL		3 Apr 98		7:56.43					
1	16.78	2	18.01	3	16.67	4	16.79	5	16.07	6	17.03	7	15.60	8	16.40	9	17.44	10	17.16
	16.78 (4)		34.79 (3)		51.46 (5)		1:08.25 (7)		1:24.32 (9)		1:41.35 (13)		1:56.95 (10)		2:13.35 (12)		2:30.79 (10)		2:47.95 (11)
11	15.30	12	16.03	13	16.35	14	16.18	15	15.48	16	15.84	17	15.57	18	15.52	19	15.03	20	15.21
	3:03.25 (11)		3:19.28 (13)		3:35.63 (13)		3:51.81 (13)		4:07.29 (13)		4:23.13 (13)		4:38.70 (13)		4:54.22 (13)		5:09.25 (13)		5:24.46 (13)
21	14.79	22	15.14	23	14.94	24	15.07	25	14.70	26	14.95	27	14.49	28	15.20	29	15.19		17.50
	5:39.25 (13)		5:54.39 (13)		6:09.33 (13)		6:24.40 (13)		6:39.10 (13)		6:54.05 (13)		7:08.54 (13)		7:23.74 (12)		7:38.93 (13)		
14 149		Ningkai SUN				宁楷·孙				CHN		20 Aug 05		8:02.72 ^{PB}					
1	17.65	2	18.74	3	16.14	4	16.55	5	15.94	6	16.45	7	16.31	8	15.90	9	17.49	10	17.25
	17.65 (13)		36.39 (14)		52.53 (14)		1:09.08 (14)		1:25.02 (14)		1:41.47 (14)		1:57.78 (14)		2:13.68 (14)		2:31.17 (14)		2:48.42 (14)
11	15.33	12	15.75	13	16.34	14	16.14	15	15.58	16	15.85	17	15.66	18	15.62	19	15.11	20	15.21
	3:03.75 (14)		3:19.50 (14)		3:35.84 (14)		3:51.98 (14)		4:07.56 (14)		4:23.41 (14)		4:39.07 (14)		4:54.69 (14)		5:09.80 (14)		5:25.01 (14)
21	15.14	22	15.60	23	15.70	24	16.04	25	16.56	26	16.76	27	16.38	28	16.56	29	14.18		14.79
	5:40.15 (14)		5:55.75 (14)		6:11.45 (14)		6:27.49 (14)		6:44.05 (14)		7:00.81 (14)		7:17.19 (14)		7:33.75 (14)		7:47.93 (14)		